

# Safety Bulletin No. 07/2016

## LIFTING OPERATIONS

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Applicable to	All Electricity North West and Contractor personnel involved in lifting operations

Recently two serious accidents and a high potential near miss have occurred when equipment was being lifted.

Whilst the detailed procedures and training for lifting operations are to be deployed when any lifting operation is being carried out, the following “golden rules” must be followed:

### Always:

- Ensure lifting operations are adequately supervised and only carried out by trained and competent people.
- Plan lifting operations.

### Never:

- Lift unsecured loads.
- Exceed the operating limits of any piece of lifting equipment.
- Use any piece of lifting equipment unless it is appropriately tested and inspected.
- Lift unless the ground / foundation has been assessed or designed by a competent person.
- Stand or walk under a suspended load or allow anyone else to.
- Put your hands in a pinch point during a lift.

In addition to the above when remote controls are being used in conjunction with lorry mounted loaders the following rules apply:

### Always:

- Use the belt/neck trap provided.
- Carry out pre-use checks.
- Be aware of the working area including the proximity of you and others to the load and vehicle.
- Ensure the remote is de-activated when not in use.
- Ensure the remote is stored in a suitable place when not in use.

### Never:

- Stand between the load and a fixed object such as the vehicle or a wall.
- Walk whilst operating the remote control.



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